



August 2006 - CareFirst Chooses Catalyst IT Services to Provide Software Quality Assurance Solutions for Multi-Year Systems Consolidation Initiative.

CareFirst has chosen Baltimore-based Catalyst IT Services to provide software quality assurance leadership and solutions for a multi-year systems consolidation project. Led by the Catalyst IT Services software quality assurance practice, the engagement will allow CareFirst to ensure local quality execution at costs comparable to that of sending software quality assurance work overseas.

About CareFirst, Inc.

CareFirst, Inc. is the not-for-profit, non-stock, parent company of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc., affiliates that do business as CareFirst BlueCross BlueShield. A third affiliate does business as Blue Cross Blue Shield of Delaware. CareFirst, Inc. is governed by a Board of Directors and special statutes regulating its business in Maryland, the District of Columbia, Delaware and Northern Virginia. CareFirst serves more than 3.3 million members, has over 6,000 employees, and generated \$5.6 billion in revenues in 2005.

About Catalyst IT Services

Catalyst IT Services is the leading on-shore alternative to offshore information technology outsourcing. Through its regional development centers in the United States, Catalyst offers application development, ISO 9001/2000 certified quality assurance / testing and application maintenance and support solutions to such as ARAMARK, Comcast, CIGNA, Bon Ton Stores, and the NCO Group. Catalyst allows clients to avoid the management challenges of offshore outsourcing by providing services in the United States at a cost comparable to sending that work overseas.